



Volunteer Services

Make a difference in the lives of New Yorkers

Big Brother
Big Sister



Community
Friends

Sanctuary
Stitchers



Friends

Doula to
Accompany
and
Comfort

Teen
Opportunities

G~Men



Telephone
Reassurance

Undergraduate
Internship

Tutors

Life
Skills
Mentors

Clerical





Visit us at www.jbfc.org/volunteer

Relationship-Based Opportunities

BIG BROTHER BIG SISTER (BBBS)

JBFCs' Big Brother Big Sister (BBBS) programs are friendship-based and match children from single-parent or special needs homes with caring adults of the same gender on a 1:1 basis. Assignments are carefully made to ensure that the mutual interests of both "Bigs" and "Littles" are met. Volunteers should be at least 21 years of age, and make a one-year commitment to the program.

-In-Treatment BBBS is for children who are clients of JBFCs and serves as an important adjunct to the child's therapeutic treatment at one of our clinics or residential treatment facilities. Volunteer "Bigs" and their client "Littles" represent the diversity of New Yorkers.

-Jewish Big Brother Big Sister program serves Jewish children from the community who are not in treatment at JBFCs. "Littles" are matched with Jewish volunteers of the same gender.

COMMUNITY FRIENDS

This program serves clients with a range of emotional problems who are isolated, lonely, and in need of companionship. Volunteers, who are matched on a 1:1 basis with adults of the same gender, make weekly phone calls and encourage participation in a weekly social outing, such as visiting a museum, sharing a cup of coffee, or just a leisurely walk in Central Park. The goal is to decrease isolation and increase participation in social activities. Volunteers are asked to make a one-year commitment to the program.

DOULA TO ACCOMPANY AND COMFORT

Doula volunteers provide companionship to those nearing the end of life and who have little or no family or friends nearby. Doula volunteers visit individuals in hospitals, nursing homes, assisted living facilities and at home. After an eight week training, volunteers are well prepared to offer friendship and comfort. Volunteers must be at least 25 years old and be prepared to make a commitment of 18 months of service after the training. Current Social Work students are not eligible.

G-MEN

Help better the life of a child by being a role model to children who live in single parent family homes. Provide friendship along with sports and arts activities to children while their parents attend a Genesis educational program at the West Side JCC. Volunteers should be male and 21 years or older. Attend eight kids' group meetings per year along with other volunteers. A one-year commitment is required.

LIFE SKILLS MENTORS

Mentor volunteers work with young adult men ages 17-21 helping to build life skills such as resume writing and job preparedness. This volunteer assignment is based at a JBFCs residential facility in Manhattan. Volunteers must be at least 18 years of age and make a minimum six-month commitment to the program.

TUTORS

Tutors in our "Study Buddy" program provide homework assistance to children in a Midtown Manhattan elementary school. Volunteers provide academic support and guidance in the subjects of reading and math. Individuals must be 18 years of age, and be able to commit to a full school year. Tutors meet weekly with their student on a 1:1 basis for one hour, from either 3-4pm or 4-5pm. Training and supervision is provided.

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volunteer@jbfc.org or 212-632-4687

Teen and Young Adult Opportunities

JBFCs FRIENDS

The Friends program offers a calendar of monthly events to allow busy young adults the opportunity to volunteer hands-on at the various JBFCs programs. Events typically take place on one Sunday afternoon per month. Activities with JBFCs clients can include holiday parties, ice skating, recreational days and spring plantings. Friends volunteers provide friendship and support to agency clientele with a range of special needs. View us on Facebook.

TEEN PROGRAMS

Opportunities for teens to volunteer are available in a variety of settings. Interested students must submit an application, references, and have a personal interview.

-Individual Opportunities (For ages 13 and up)

Volunteers can perform administrative work at JBFCs, organize an effort to collect needed items at school or a youth group, provide homework help, participate in recreational activities at a JBFCs residence for children and adults with special needs, and more.

-JBFCs High School Friends (Open to students in grades 9-12)

Meet students from other schools one Sunday each month while participating in fun and exciting community service projects at JBFCs programs around New York City. Sample projects include painting a mural at a residence for homeless adults, organizing a softball game for troubled children and leading arts and crafts projects with children from a domestic violence shelter. Participants will be able to earn up to 20 hours of community service credit. The group meets from October through June.

-Kids2Kids (For ages 12 and up)

Share the joy of your Bar/Bat Mitzvah or other significant life event with a less fortunate youngster by making a financial donation to the scholarship fund of your choice. You can help a child attend summer camp, have music lessons, or join a sports team. By performing a simple act of loving kindness, chesed, you can make a difference and help improve another child's life.

UNDERGRADUATE INTERNSHIP (UGI)

Undergraduate Internships are available throughout the five boroughs of New York City for the fall, spring, and summer semesters. Explore working with individuals with mental illness, children and adults with developmental and emotional disabilities, and children and adults receiving therapeutic services at JBFCs. We recommend starting the application process approximately two months in advance of the commencement of an internship to allow ample time to complete the application and arrange for an appropriate placement.



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Telephone Reassurance Opportunities

TELEPHONE REASSURANCE

-CheeRing

CheeRing volunteers make weekly, scheduled, telephone calls to isolated and/or vulnerable New Yorkers in need of emotional support. We seek individuals who are caring, supportive and who want to make a difference in someone's life. Weekly twenty minute friendly telephone visits can be made from the volunteer's home, office or cell phone. Many of our volunteers are pursuing a career in the field of mental health. A one-year commitment is requested.

-Telephone Language Companion (TLC)

Our Telephone Language Companion volunteers help Russian émigrés from the former Soviet Union gain proficiency in the English language through weekly telephone calls. Calls are made from the volunteer's home, office or cell phone and can range from 5 - 10 minutes one to three times a week. Knowledge of the Russian language is not necessary. Receiving a call from an English speaking volunteer can help new émigrés improve language skills, eliminate "telephone phobia" and prepare for their citizenship exam. A minimum three-month commitment is required.

Other Opportunities

CLERICAL

Volunteers work in administrative roles throughout the agency helping with a variety of projects. Clerical volunteers can assist in many ways, from preparing large mailings to data entry and filing. Opportunities are available on an on-call or an ongoing basis. Schedules vary from several hours per month, to 20 hours per week, depending on the assignment.

SANCTUARY STITCHERS

JBFCs Sanctuary Stitchers knit or crochet squares which are assembled into beautiful handmade blankets. These blankets are given as gifts to children in need of comfort, warmth and love who are in treatment at JBFCs and living in one of our residences. Volunteer knitters range in age from children to seniors and knit on their own or in a group. Groups can be formed in a variety of settings such as schools, faith-based organizations, community groups and other organizations. Join our monthly evening knitting circles on the first Wednesday and third Thursday of every month.

At JBFCs, we believe that each of us—all of us—must take care of one another. This is our philosophy. Our compass. And, with it, we have become one of the largest and most respected mental health and social service nonprofit organizations in the country. Through a comprehensive range of community-based programs, residential facilities and day-treatment centers, we serve more than 65,000 New Yorkers annually from all religious, ethnic and economic backgrounds.

At the heart of JBFCs are nearly 2,000 professionals who serve with commitment and compassion; social workers, psychologists, psychiatrists, a cadre of clinical support personnel, and thousands of volunteers.

Jewish Board of Family and Children's Services

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Jamie Bloom, Director

a beneficiary of
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