



175 social service programs.
1 mission.
To get help to those who need it.

WE'RE JBFCs— THE JEWISH BOARD OF FAMILY AND CHILDREN'S SERVICES

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A LETTER FROM THE CEO

Dear Supporters and Friends,

Vibrant, exciting, invigorating. That's how many people describe New York. But our city can also be a harsh, confusing place for our neighbors living with mental illness or developmental disabilities, facing family crises or recovering from trauma. To help them with their struggles, JBFCS is here.

On any given day, JBFCS offers much-needed, compassionate, practical support to thousands of New Yorkers from every background, regardless of race or religion. From simple companionship for the frail elderly – to figuring out why a three year old little one is unable to hug – we are there. From life long care for people with profound disabilities to a safe haven for women who have been beaten down physically and emotionally – we are there. From providing counseling to adolescents and adults in English, Spanish and Russian, to helping a returning veteran deal with post traumatic stress – we are there. And for hundreds of young people who have every reason to lose hope and dignity – we help them find it, and hold on.

We do this work because we must – and when our work is threatened by government budgets, we fight back. In 2009, we partnered with Coalitions and worked on our own to lobby in Albany and at City Hall to halt damaging changes in funding for mental health outpatient treatment, and for expansion of much-needed residential treatment for adolescents. We won some hard concessions and the jury is still out on others.

UJA Federation asked us to serve as their lead Manhattan agency on their groundbreaking Connect to Care initiative, designed to help provide employment and financial, spiritual and mental health support to Jews affected by the economic downturn. We provided leadership for beneficiary agencies and synagogues in Manhattan, Brownstone Brooklyn and Riverdale – highlighted by a job fair attracting over 700 individuals looking for work.

I am enormously proud of what we do and how we do it. As you read this Annual Report, I trust you will be too.



A handwritten signature in black ink, which appears to read "Paul Levine". The signature is written in a cursive, flowing style.

Paul Levine
Executive Vice President & CEO

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PASSING THE TORCH

Dear Friends,

Transition from one President of the Board to another is an opportunity to reflect on accomplishments, pass the torch, and put new energy forward so that our important work continues uninterrupted. For us, the transition from one to the other was strengthened by our mutual respect for each other, our warm friendship, and our deep humility about what it means to lead JBFCs—an agency of which we are both justly proud!

The turbulence of the last two years has challenged everyone—including our trustees, volunteers, clients and staff, as well as our major funders-including individuals, foundations, UJA-Federation of New York and State and City governments. The fact that this turbulence was met by immense generosity on the part of our trustees as well as by an overwhelming commitment on the part of staff, to strengthen the lives of the families, children and individuals we serve, is nothing short of remarkable.


We've tackled a number of "big picture" challenges during 2009–2010. After more than 55 years with our headquarters located at West 57th Street, we sold our building and purchased property 20 blocks north which is, for the time being, an income producing rental, allowing us to carry the property at no annual cost.

At the same time, we secured a long-term lease in central Harlem on East 139th Street where our Center for Child Development and Learning will relocate, giving us the ability to expand early intervention services, maintain existing relationships and forge new partnerships with local providers. We also signed

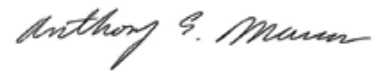
a long-term lease on West 50th street which will be JBFCs's new headquarters location, taking with us our Administrative services, the important clinical services of our Manhattan West/YCL Counseling Center and the critical work of Community Connections (Jewish and Volunteer Services.)

Efficiency is a challenge for a Board our size, and so we have worked to eliminate redundancy, tighten committee structure, communicate with our lay leadership on key issues and restructure our Divisional Boards. We have moved on other significant fronts: completed and implemented a strategic plan which involved the Board, the staff and other stakeholders; established a taskforce to implement a process to achieve broader diversity on our Board in order to better reflect the communities we serve, and reestablished an important Board committee to focus exclusively on our important relationship with UJA-Federation.

As you read this Annual Report, know that your support serves as the underpinning that allows us to meet the challenges of New Yorkers head-on. While there remain individuals in need of mental health care or our vast array of social services, we will not rest. That is our promise to you.



John Herrmann
2006 - 2010



Anthony Mann
2010 - present

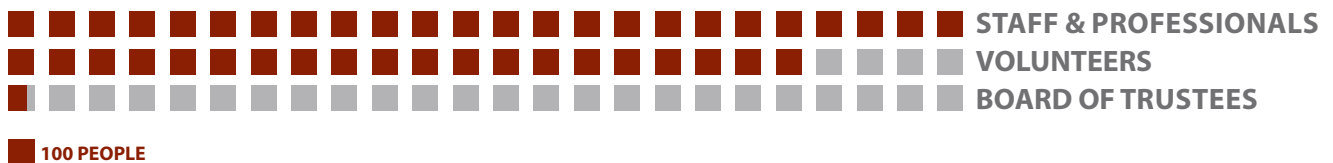
CHANGING BEHAVIOR CHANGES LIVES LEADING THE WAY IN INNOVATION AND CARE

At JBFCs we base our work on **one core belief**: changing behavior changes lives for the better. And here's what happens when that simple idea meets 65,000 lives: greater SAFETY, WELLNESS and INDEPENDENCE.

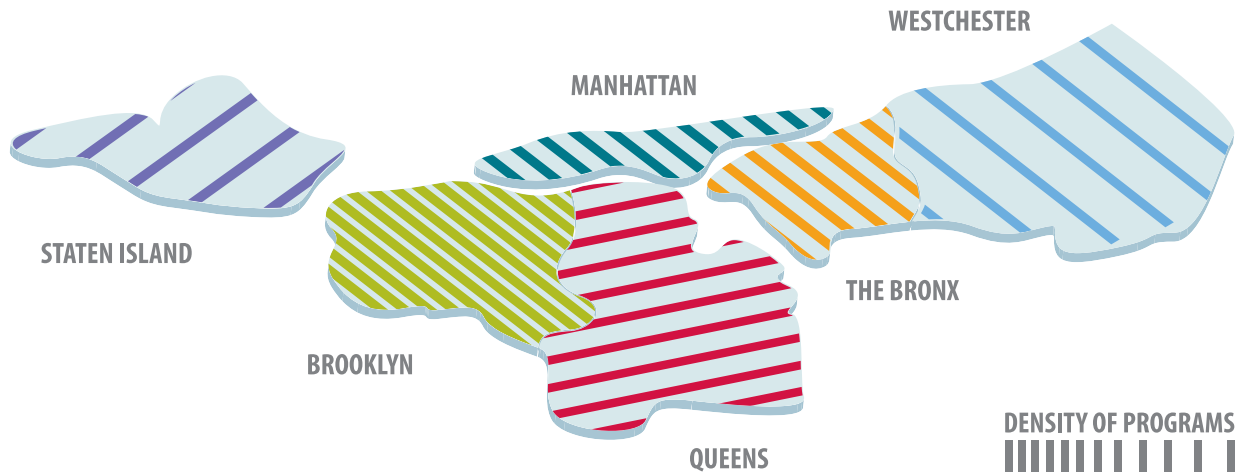
PROGRAM AREAS FUNDED BY
\$180 MILLION COMBINED BUDGET



JBFCs IS



WE ARE THERE MAKING A DIFFERENCE AT OVER 100 SITES



JBFCs is serving thousands of people. In fact, close to 65,000 people—in all five boroughs of NYC and in Westchester. Being big though means more than having a big reach. It means having the wherewithal to drive our work based on innovative models of care that can really make a difference.

Sanctuary[®] Model Cognitive Behavioral Therapy **Recovery**
Confronting Organizational Racism Multi-systemic Therapy
Clinical Consultation Program **Cottage Treatment Model**
Sandplay Therapy Evidence-based practices
Preventive Services **Worry Box** Kinship Care

TRAUMA BASED MODELS, TRAINING, AND CONSULTATION METHODS LIKE THESE INFORM THE WORK OF OUR HUNDREDS OF FRONTLINE CLINICIANS ENGAGED IN ADDRESSING THE NEEDS OF CLIENTS EACH DAY.

ADULTS LIVING WITH MENTAL ILLNESS

Our service in this area focuses on those people for whom the simplest act, whether it's going to work, taking children to school, or shopping for groceries, can be distorted by anxiety, depression, bipolar disorder or schizophrenia. Navigating daily life can seem nearly insurmountable, not only for the person suffering from mental illness, but for his or her loved ones as well.

We offer our neighbors who live with a serious mental illness—and their families—a way to meet and cope with the challenges they face. We provide day treatment programs, outpatient counseling services, and housing programs. Our clients receive care based on long standing best practices from psychiatrists, psychologists, social workers and other mental health professionals.



After years of homelessness, Mary had finally gotten into stable housing but was suffering from major depression and post traumatic stress disorder. Through Intensive Psychiatric Rehabilitation Treatment (IPRT), Mary began to work on the issues that had contributed to her illness: extensive trauma and abuse in her past, extreme isolation and toxic family relationships, and very low self esteem. Treatment helped Mary look at her relationships

through a new lens, and she learned to hang on to what worked and create distance from what was hurtful. She developed healthy boundaries, and became more assertive. With the support of IPRT and Real Recovery, Mary applied for VESID training and has become a Peer Specialist in conflict resolution, counseling and experience lobbying Albany. Mary is now doing an internship at a non-profit mental health facility.

CHILDREN & ADOLESCENT SERVICES

Children and youth are the most vulnerable members of our community. JBFCs is committed to providing protective, supportive and nurturing spaces for children whose challenges create emotional and psychological turmoil.

In both our residential and non-residential programs, young people find a safe haven of support and therapeutic care that goes far beyond the norm.

For adolescents who have suffered significant trauma and sometimes feel they have no place to turn, we are the address that offers security and healing. We are experts in alternative therapies, and encourage creativity as part of the healing process.



Almost from birth, Zoe experienced the effects of domestic violence between her teenage parents. When they split, Zoe's mom passed her along to her grandmother. Then, sexual advances from her grandmother's boyfriend began. Matters grew worse when Zoe was diagnosed with multiple sclerosis, eventually losing her sight. Finally, at 15, Zoe became a prostitute and a drug addict.

When Zoe arrived at a JBFCs residential treatment center three years ago, she was angry, defiant and disrespectful. Over time, the safe environment, consistent caring and psychiatric support from JBFCs staff turned her behavior around. For the first time in Zoe's young life, she had learned to trust.

Today Zoe is bound for college. Her ambition is someday to become a teacher for the blind.

COMMUNITY CONNECTIONS

The Rita J. Kaplan Jewish Connections programs are the Jewish Community Services of NYC, designed to strengthen the community by helping Jewish individuals, and families. By offering the support of peers and community, we help those facing serious illness or injury; end-of-life care; loss and bereavement; addiction recovery; and those who are learning to make healthy life choices.

Our programs combine the richness of Jewish traditions with social work practices such as spiritual and group counseling, workshops, consultation, and training.

Through Volunteer Services more than 2,000 people become heroes every year as they give of their time and open their hearts. Volunteers are mentors, phone companions, big brothers and sisters, and study buddies. All exemplify the true meaning of connections.



Judith has a history of major depression and suicidal thoughts. After being laid off, Judith's symptoms worsened as she worried about paying her rent and affording her medication. Her psychiatrist referred her to JBFCFS for counseling. At JBFCFS, Karen helped Judith apply to Connect to Care for help with a month's rent and a few months of COBRA benefits Judith so badly needed for treatment and medication.

Judith was also referred for one-on-one job counseling. After attending Connect to Care workshops and support programs, Judith is keeping busy, meeting new people and has a support system. Her mood has improved dramatically. She now feels supported and has a more positive outlook. "Truthfully" she says, "Connect To Care really saved my life."

COUNSELING SERVICES

When clients need us, we are there. And it's personal. At the heart of nearly every program is a one-on-one counseling encounter designed to give individuals the hope they need. Hope for the right treatment. Hope for understanding. Hope for coping tools. Hope for a better future. Through our licensed mental health counseling centers, we work with each client to actualize his or her potential to be a productive, healthy, contributing member of the community—and we do this in ways that are specific to the challenges faced by that person.

In multiple languages and with specialized services, we are treating thousands of people with broad diversity—helping individuals and families engage in recovery.



Life at home was stressful for 17-year-old Tina. Her dad had returned from Afghanistan, but family life hadn't gotten back to the way things were before the war. Tina's dad was getting help, but the family's needs were not being met. Because she felt overwhelmed, Tina was doing poorly in school and engaging in self-harming behavior.

Tina's whole family got help through our Home

Again program for returning vets and their families. With this critical support Tina learned to cope with her feelings in healthy ways. Tina's father learned to communicate with his daughter without the strict military expectations he'd grown used to. Family sessions helped Tina improve relations with both parents. Tina is now choosing safe ways to express her thoughts and feelings, and looks forward to a good report card.

DOMESTIC VIOLENCE & PREVENTIVE SERVICES

JBFCs operates four domestic violence shelters, all of which are specially designed to accommodate children. Little in life is more jarring than the need to completely uproot oneself from home and family to be safe. Families living with us find a trauma-sensitive care environment where healing and community rebuilding occurs.

The raison d'être of the Agency is our belief that strong families build strong communities, so we work to keep families who are struggling with anger management, school difficulties, poor communication and relationship issues, drug or alcohol use by a family member, marital stress, or severe illness.



After his wife died, Joe and his teenage son, teenage daughter with developmental disabilities, 24-year-old daughter and her 5-year old child were referred to our Staten Island Family Services preventive program.

Joe attended individual sessions and the whole family received grief counseling. Our Staff helped place Joe's teenage daughter in the appropriate Special Ed setting,

and helped his teenage son enroll in a GED program.

To numb his grief and depression, Joe had become dependent on alcohol and marijuana. Through consistent support, we were able to engage Joe in a substance abuse program and develop a therapeutic relationship with him, helping him reach his goal of sobriety and return to work.

EARLY CHILDHOOD & LEARNING

The Center for Child Development and Learning provides programs and services for children, adolescents and families facing developmental and learning challenges. In both school-based and community settings, we provide a range of services including sophisticated and comprehensive assessments, center-based therapeutic educational interventions, counseling and consultation. Each child is seen as an individual, a member of a family, and part of the community, while we work in collaboration to develop a comprehensive understanding of needs and create the best possible plan for success. Our CCDL is poised to become an even more critical service to New Yorkers in the coming year with a move to our new central Harlem home.

Our emphasis on training and research ensures that our clinical services incorporate research based interventions and the latest thinking in the field.



Marnie was worried that baby Jonah was “just a little too quiet.” At his 18-month checkup, Jonah’s doctor noted that he hadn’t said any words, wasn’t pointing, and didn’t respond to his name or seem connected to his environment. The doctor referred Jonah to Early Intervention.

Marnie and Jonah came to our Child Development Center where teachers and therapists addressed Jonah’s

lack of language, tactile defensiveness and rigidity. After a year, Jonah could say sentences and ask questions. He could also change activities when something he wanted to do was not an option.

By the time he turned five, Jonah was able to enter a small, structured special kindergarten. Marnie is eternally grateful for the support Jonah received at JBFCS.

PEOPLE LIVING WITH DEVELOPMENTAL DISABILITIES

For some of our clients, every moment of every day is a challenge. Our neighbors living with developmental disabilities meet these challenges with a mixture of determination, humor, and grit. Even the smallest success is cause for celebration. Our goal is to help each client achieve the highest possible level of independence, even with a diagnosis of profound cognitive disability.

Collaboration between family and caring practitioners creates the most fulfilling and productive life for those we serve. Our services are delivered by an interdisciplinary team of practitioners, with a strong emphasis on family participation. For those unable to remain in the family setting, we offer a range of residential facilities, including care for those with multiple physical handicaps.

At our affiliate, The Shield provides early childhood, school-based programs, and day habilitation programs, with a strong focus on consumer choice and person-centered planning.



Fifty-two year old Jerry has cerebral palsy and a seizure disorder. His mother's death and his father's failing health resulted in his move to Vernondale. At that time, he spoke only occasionally, participated very little in his personal care or activities of daily living and did not socialize. Jerry began to receive speech, physical and occupational therapy and counseling. His sister is active in Jerry's life and joins him for planning

meetings. As Jerry participates in leisure activities in the house and the community, he has become more verbal, social, and independent. Today, Jerry takes pride in setting the table for dinner, making his own bed and assisting others. He has a wonderful sense of humor, enjoys Broadway shows and is an avid Yankees fan. Jerry's sister says she wishes her parents could see the man Jerry has become.

PROFESSIONAL & LEADERSHIP DEVELOPMENT

Where will we find the next generation of compassionate, visionary practitioners and leaders? Some of them will rise out of the training programs offered by JBFCs. As a premiere training institution, we provide the knowledge and skills practitioners and students need to respond to the increasingly challenging circumstances of children, families and communities in crisis.

Through teaching, publications, professional symposiums, internships and residency programs we make significant contributions in the fields of social work, psychology, psychiatry and education and we strive to establish high-outcome standards and benchmarks for both residential and community-based human services.



In 2008, JBFCs launched a program to train all of our over 400 mental health professionals in cognitive-behavioral therapy (CBT). Psychologists, social workers, art therapists, and case workers from multiple programs have completed this training, ensuring that JBFCs clients have access to a therapist competent in CBT.

The results are promising. JBFCs clinicians find

that CBT is very effective in helping clients of all ages better manage their post-traumatic stress and other serious disorders. Case studies indicate that CBT can be used in both individual and group therapy. JBFCs plans to continue building its capacity to provide the most effective evidence-based treatments for the most challenging problems.

A LETTER FROM THE TREASURER

Dear Supporters and Friends:

The twelve months ended June 30, 2009 were historic for global financial markets and the U.S. economy. At times it seemed that the world as we knew it had disappeared forever, replaced by extreme volatility and perilous uncertainty. People and institutions focused more on economic survival than on moving forward.

JBFCFS came through FY 2009 better positioned and more determined than ever. We remained focused on our core mission of helping those in need, a mission made even more critical by the toll the difficult economic environment has taken on so many. We were able to do this thanks to a continued strong level of government funding and generous philanthropy, combined with management's stringent expense controls.

The agency's expenses fall into two basic categories: program services and supporting services. In FY 2009, program services expenses were \$158.2 million, up \$5.1 million from the prior year, largely reflecting the addition of new programs. Supporting services expenses, on the other hand, were down \$2.1 million to \$23.0 million, as management took necessary steps to reduce expenses. Total expenses for the year were \$181.2 million.

Government funding of \$158.9 million accounted for 86% of the agency's revenues in FY 2009 and increased \$7.9 million over the prior year. UJA-Federation's support increased to \$6.6 million, as JBFCFS' work throughout New York City remained a top priority for our biggest philanthropic funder. Other charitable contributions, however, dropped by more than 35% to \$6.1 million, reflecting the uncertainty experienced by individual donors. Total revenues for the year were \$182.9 million – essentially flat with the prior year – despite the non-recurring revenues in FY 2008 relating to the COPS settlement.

Management succeeded in generating an operating surplus as net assets before investment losses and other items increased \$1.7 million. Overall, the agency's net assets increased significantly, reaching \$100.0 million at June 30, 2009 versus \$65.8 million at June 30, 2008.

There were two notable developments that contributed to the \$34.2 million, or 52%, year-over-year increase in net assets: We sold our headquarters building on West 57th Street, resulting in an accounting gain of \$56.0 million, which was partially offset by \$20.2 million of net realized and unrealized investment losses as the turmoil in the financial markets took its toll on our investment portfolio.

As I write this letter, FY 2010 is more than half over. The economy appears to be stabilizing and financial markets have continued to rebound. But with the city and state governments experiencing severe budget stresses, we remain intensely focused on operating the agency prudently and efficiently and are poised to respond aggressively to retain our financial flexibility. We are grateful to those donors, including UJA-Federation, who generously help us provide superior service to our clients during these challenging economic times.



A handwritten signature in black ink, appearing to read "David B. Edelson". The signature is fluid and cursive, written over a white background.

David B. Edelson
Treasurer

Statement of Financial Position June 30

	2009	2008
ASSETS		
Cash and Cash Equivalents	\$ 4,341,000	\$ 5,632,000
Accounts Receivable	27,570,000	23,552,000
Contributions Receivable	3,543,000	4,839,000
Other Receivable	15,000,000	
Investments	57,035,000	96,277,000
Other Assets	6,869,000	6,241,000
Fixed Assets	99,475,000	54,644,000
Total Assets	213,833,000	191,185,000
LIABILITIES		
Bank Lines of Credit	21,800,000	19,750,000
Accounts and Accrued Expenses Payable	19,226,000	17,557,000
Accrued Post Retirement and Other Benefits	18,321,000	14,648,000
Due to Government Agencies	15,583,000	34,441,000
Capital Leases and Bonds Payable	27,420,000	29,926,000
Mortgages Payable	11,418,000	9,056,000
Total Liabilities	113,768,000	125,378,000
NET ASSETS		
Unrestricted	68,153,000	21,656,000
Temporarily Restricted	21,205,000	33,444,000
Permanently Restricted	10,707,000	10,707,000
Total Net Assets	100,065,000	65,807,000
Total Liabilities and Net Assets	\$213,833,000	\$191,185,000

Statement of Activities For the year ended June 30

	2009	2008
REVENUE AND SUPPORT		
Government Agencies	\$158,895,000	\$150,967,000
UJA-Federation of Jewish Philanthropies Of New York, Inc	6,632,000	6,462,000
Contributions and Special Events	6,068,000	9,643,000
Program Service Fees and Other Revenues	11,280,000	15,486,000
Total Revenue and Support	182,875,000	182,558,000
EXPENSES		
Program Services		
Residential	79,265,000	74,689,000
Outpatient	66,102,000	65,163,000
Evaluation and Education	12,818,000	13,200,000
	158,185,000	153,052,000
Supporting Services	23,031,000	25,176,000
Total Expenses	181,216,000	178,228,000
Change in Net Assets Before Investment Losses and Other Changes	1,659,000	4,330,000
Investment Losses	(20,178,000)	(10,423,000)
Change in Net Assets Before Other Changes	(18,519,000)	(6,093,000)
Gain on Sale of Headquarters Building	56,012,000	
Other Changes	(3,235,000)	(2,002,000)
Change in Net Assets	34,258,000	(8,095,000)
Net Assets Beginning of Year	65,807,000	73,902,000
Net Assets End of Year	\$100,065,000	\$65,807,000

These financial statements include The Shield of David, Inc. ("The Shield Institute"), a wholly owned subsidiary of JBFCs.

THANK YOU TO OUR COMMUNITY OF SUPPORTERS

We are grateful for the generosity of our donors. Your dedication to JBFCs makes it possible for your neighbors throughout New York to continue receiving valuable services. Thank you all.

\$250,000 +

Joyce B. Cowin
McCormick Foundation
Estate of Regina Pargament
Alice M. & Thomas J. Tisch

\$100,000 +

Anonymous
Lisa and Michael A. Epstein
Lori and Mark Fife
Sandra and Roger Goldman
Irving Harris Foundation
Rita J. and Stanley H. Kaplan Foundation
Merrin Family Fund
Lori and John Reinsberg

\$50,000 +

Florence Blau Charitable Remainder Trust
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Oppenheimer Haas Foundation
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Richmond County Savings Foundation
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Jean & Martin D. Shafiroff
Herbert and Nell Singer Foundation
Skirball Foundation
Jamie B.W. Stecher
van Ameringen Foundation, Inc.
Harry and Jeanette Weinberg Foundation, Inc.
Nina Werblow Charitable Trust

\$20,000 +

Bonnie G. and William M. Apfelbaum
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Jennifer and Gregory Lyss
Irma and Paul Milstein
Lori and David Moore
New York State Health Foundation
Queens Gate Foundation
Jill and Mark H. Rachesky
Ramapo Trust
Henry Sterne Trust
SVM Foundation
Szylvia and Charles J. Tanenbaum
Susan H. and Robert Tofel
Jean and Raymond Troubh
Weil, Gotshal & Manges Foundation Inc.
Sherry and Robert Wiener

\$10,000 +

Anonymous
Anonymous
Anonymous
Achelis Foundation
Arthur Ainsberg
Alpert Family Foundation
Rita Aranow Charitable Fund
Benfield Electric Supply Co., Inc.
The Bernheim Foundation, Inc.
The Sarah Chait Memorial Foundation, Inc.

Cumming Foundation
Catherine and Peter Dussmann
Edith A. and Daniel Ehrlich Foundation
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Electrotech Service Equipment Corp.
Epiq Systems
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Sandra Beurgi and Carol Flaton
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Sommer Associates LLC
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Estate of Lee Starr
Staten Island Foundation
Joseph & Diane H. Steinberg 1992 Charitable Trust
Melite and David J. Sweet
Turner Construction Company
Windsorwayss LLC
The Winters Family Fund
Ann and Fredric W. Yerman

\$5,000 +

Ace Wire and Cable Co., Inc.
Dana and Jack Ackerman
Beth E. Anisman
Apple Direct Mail Services, Ltd.
Andrea A. and Stuart M. Bernstein
Charles J. and Brenda Block Family Philanthropic Fund
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Stephen J. Dannhauser
Elsmere Foundation, Inc.
Andrea K. Feirstein and Frank Schiff
Jodie and Zvi Gillon
Gilston Electrical Contracting Corp.
Marcia L. and Mark L. Goldstein
Hagedorn Fund
Herman Forbes Charitable Trust
HSBC Bank USA, N.A.
IBM Employee Services Center
IG Federal Electrical Supply Corporation
Emily F. Israel
The Joelson Foundation
Helen L. and Stephen B. Judlowe
Lily C. Kaplan
Eve and David Kleger
Naomi and Paul Kronish
Bruce Leff
Julie A. Domonkos and Daniel J. Leffell
The Leland Trust for Charitable Purposes
The Fay J. Lindner Foundation
Diane and Adam Max
Miller Realty Family Philanthropic Fund
Harvey R. Miller and Ruth Miller Charitable Fund
Martin Monas
Nead Electric Inc.
The New York Mets Foundation, Inc.
Pachulski Stang Ziehl & Jones
Irving Pakewitz Revocable Trust
James G. Pepper Fund of the Stonewall

Community Foundation
Pfizer United Way Campaign
Plaza Jewish Community Chapel, Inc.
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